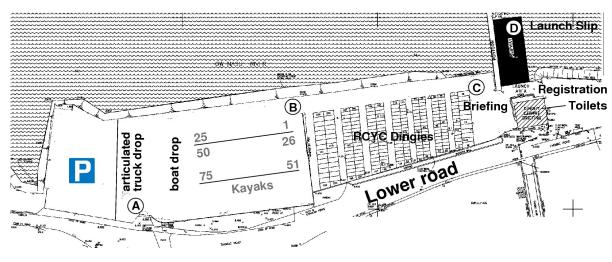


Launch and Recovery Instructions

Boat Launch Instructions at RCYC



(A) Please do not park in the area of the boat drop. Cars are allowed to drop boats and drivers are asked to park outside RCYC. An Ocean to City volunteer will be at point A to monitor this. Only one car can pass through this gate at once. In addition, there are a number of articulated trucks which will need to turn in this area, therefore cars will not be allowed to stop. Your cooperation is appreciated! Thanks!

(B) Please do not move boats to point B until you are called by a launch volunteer.

(C) Make sure that you have enough help getting your boat to point C. Please make sure that your team is assembled at at your boat when you arrive at point C.

(D) We will be launching one to two boats at a time from the slip way. If your boat is in the water and some of your team are not available, then this will delay the start of the race. Crew captains are asked to make sure that all crew members are available on the slip way when your boat is being launched.

Kayak Launch Instructions

(A) At the race start, kayaks will launch in the same area as other boats and are asked to try to maintain a clear slipway at all times as many of the boats require a clear slip and many volunteers for launch! There will be assistants around on the day and anyone in difficulty should ask for assistance, however it is assumed that all paddlers will handle and launch their own boats. Give yourself 10 - 15 minutes to get to the start line.

Monkstown Launch Instructions

Sandquay Slip: Make sure that you/your crew is registered and together at the public slip at Sand Quay, Monkstown, in good time for Registration and the Safety Briefing. Our Monkstown Coordinator is Trevor Whelan. Please make sure to follow his instructions at all times. Due to safety considerations, participants are only allowed to launch their boats once the Monkstown Coordinator gives the go-ahead. Please note that all Monkstown start times are approximate and dependent on arrival of main fleet and safety cover. You will be given the start sign by our team, who will communicate your start time to the finish line timers. Start line will be between the Monkstown slip and the Monkstown Gate Boat.



Boat Recovery Instructions

Route from Crosshaven: Crosshaven – Carrigaline – Carr's Hill – Ring Road (Bloomfield Junction) – Kinsale Road Junction – Link Road – Eglantine Street – Albert Quay – Victoria Road – Centre Park Road – Mill Road.

Mill Road: Please wait at the junction of Kennedy Quay and Mill Road until you are called to collect your boat.

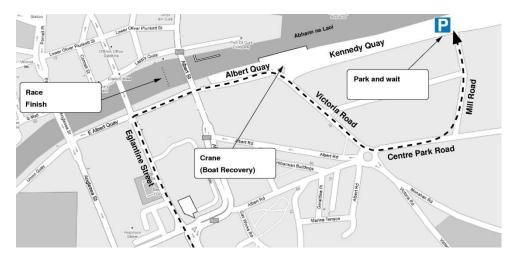
IMPORTANT RECOVERY NOTICE:

• The craning area is for designated Doyle shipping and boat recovery personnel only. There are no exceptions to this regulation.

• To ensure this, the craning area will be closed off. There will be one exit point where trailers can access recovered craft. Support crew/onlookers can wait in designated public areas on the guay. These will be clearly marked.

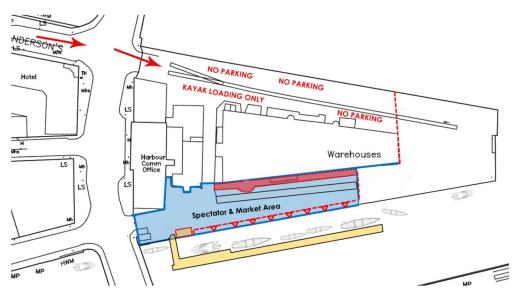
 Recovered boats will be secured to trailers for the purposes of transit to a designated area outside the barrier where boats, oars etc can be secured to the satisfaction of the crews. The recovery team will not be responsible for securing craft beyond the craning area.

• Any attempt to enter the craning area or any abuse of volunteers / staff charged with working in the area will result in disqualification from the race and an immediate stop of all craning activities. See next page for further info.



Kayak Retrieval Instructions

Port of Cork: At the end of the race there is a separate retrieval area for kayaks in the Port of Cork. This will be on the Port of Cork pontoon, downriver of the final bridge at the race finish. Race marshals will assist with lifting the boats from the pontoon to a temporary holding space near the Kayak Loading Area while racers de-register (near the top of pontoon) and organise their transport. Paddlers are to be mindful of the general public and other participants as they retrieve their kayaks. <u>All participants are required to de-register and return their bibs (which are on loan from the ICU) as soon as they have finished.</u> Please note that there is no parking on the Port of Cork, and that this is a loading area only.





Important craning notice to all rowers and support teams

Staff members of Doyle Shipping have kindly agreed to deliver craning services for the recovery of boats for us. After a review with their insurers new conditions have been added to the service delivery agreement. These conditions have now been incorporated into the event safety plan and race regulations and guidelines.

The conditions stipulate that:

- The craning area is for designated Doyle shipping and boat recovery personnel only. There are no exceptions to this regulation.
- To ensure this, the **craning area will be closed off**. There will be one exit point where trailers can access recovered craft. Support crew/onlookers can wait in designated public areas on the quay. These will be clearly marked. Please be patient and mindful of others.
- Recovered boats will be secured to trailers for the purposes of transit to a designated area outside the barrier where boats, oars etc can be secured to the satisfaction of the crews. The recovery team will not be responsible for securing craft beyond the craning area.
- Any attempt to enter the craning area or any abuse of volunteers / staff charged with working in the area will result in disqualification from the race and an immediate stop of all craning activities.

The recovery crew is very experienced and in the 12 years that the race has finished at Lapp's Quay, there has not been a single incident of boat damage.

The craning area will be large enough to temporarily set down a limited number of craft, which can then be recovered (by your own crew) after the craning operations are complete (please advise at registration if you wish to avail of this arrangement).

If you do not wish to avail of Ocean to City recovery arrangements you can make alternative plans to recover your craft at the nearest public slip (Blackrock) after the closure of the course. With this option, you assume complete responsibility for safe transit and recovery of craft; all on-the-water and shore safety race services terminate with course closure.

You will be asked at registration to indicate which option you are taking and those taking the Blackrock option can make their own way to the public slip. The pontoon is for disembarking crew only. Please inform registration of your intent in relation to boat recovery.

Our sincere thanks for following all our instructions. We look forward to a great day out.

Ocean to City Director

Donagh MacArtain